



CARSON CONNECTION

The Carson Center
20 Broad St.
Westfield, MA 01085

U.S. POSTAGE
PAID
WESTFIELD, MA
PERMIT NO. 44
ZIP CODE 01085

«Prefix» «FirstName» «LastName»
«Title»
«OrganizationName»
«Address»
«Address 2»
«City», «State» «PostalCode»

«Id #»



"WHERE HEALTH COMES TO MIND"

Administrative Center
20 Broad Street
Westfield, MA 01085
Phone (413) 572-4132
Fax (413) 572-4104

Center for Adults and Families
77 Mill Street, Suite 251
Westfield, MA 01085

Outpatient Services
Phone (413) 568-6141
Fax (413) 572-4117

Westfield Crisis Intervention Program
Phone (413) 568-6386
Fax (413) 572-4144

Outpatient Services
13 Prospect St., 1st Floor
Greenfield, MA 01301
Phone (413) 775-9345
Fax (413) 775-9344

Center for Crisis Stabilization and Respite Services
77 Mill Street, Suite 251
Westfield, MA 01085
Phone (413) 572-4141
Fax (413) 572-4146

Center for Development
77 Mill Street, Suite 251
Westfield, MA 01085
Phone (413) 572-4105
FAX (413) 572-4117

155 Maple St.,
Suite 306
Springfield, MA 01105
Phone (413) 737-3730
Fax (413) 737-1748

Center for Children and Youth
20 Broad Street
Westfield, MA 01085
Phone (413) 568-1421
Fax (413) 572-4104

Center for Traumatic Brain Injury Services of Western Mass
91 Elm Street (Rear)
Westfield, MA 01085
Phone (413) 572-4114
Fax (413) 572-4115

215 North Street
Pittsfield, MA 01201
Phone (413) 442-7047
Fax (413) 443-4338

Center for Traumatic Brain Injury Services of Central Mass
3 Silver Fox Drive
Millbury, MA 01527
Phone (508) 865-4177
Fax (508) 865-4179

Transitional Living Program at Stony Hill
88 Stony Hill Road
Wilbraham, MA 01095
Phone (413) 543-0646
Fax (413) 543-1669

COMMUNITY IMPACT

CARSON CENTER'S TLP GRADUATES FOUR RESIDENTS!

The Carson Center's Transitional Living Program (TLP) at Stony Hill in Wilbraham has had its first group graduating this two year old program. Four residents secured Section 8 housing after being in the program for about one and a half years.

"Head injury is forever, and so is the support that is needed," said Beth Edelberg-Cardillo former TLP Program Director. "We wish our new graduates all the luck in the world. They leave the TLP having more skills in place than when they arrived, and more wisdom as well."

The TLP serves people who have sustained head injuries due to accidents, falls,



Beth Edelberg-Cardillo, former TLP Program Director, cooks a special meal for her TLP residents. The residents cook as well.

assaults, as well as medically related injuries, strokes, and aneurysms, etc. "We realize the fragility of life here and know that though many head injuries are preventable, some aren't," said Edelberg-Cardillo.

"The four gentlemen who left our program had lovely furni-

ture to furnish their entire apartments, thanks to our cry of need to the Reminder Newspapers .

The TLP is designed to work with persons who were previously homeless due to their head injuries. The program provides skills training, cognitive remediation, counseling, psychotherapy groups, vocational counseling and a clean and sober lifestyle among many other program attributes.

While residents generally stay at the TLP for about two years, the program's goal is to help them move on to independent living.

Annual Mass. Traumatic Brain Injuries exceed 34,000

We're on the Web! Look us up at www.carsoncenter.org

BOARD OF DIRECTORS:

President

Philip Cameron

Vice President

Eric Dirats

Treasurer

Lt. Michael LaCroix

Secretary

Carmel Steger

Directors

Francoise Aguda

Carly Bannish

William Duval

Rosalind Shean

David Simm

Jerry Tomasko

Joe Young

SAFETY NET MISSION PERSONIFIED

The Carson Center's Westfield Crisis Intervention Program

Some people live in "crisis" 24/7/365. Tom Sawyer, The Carson Center's Westfield Crisis Intervention Program manager, is one of them. Working for nearly 30 years at one Community Mental Health Center or another in the Greater Westfield area, Tom has worked for a total of eight years at our Crisis Center.

The way Tom sees it, "crisis intervention is a growth industry because more situations are being defined as psychiatric crises. "We're faced with decreasing resources relative to increasing needs, and crisis services provide the safety net for a group of distressed people."

The Crisis Intervention Program, based at 77 Mill

Street - the Mill at Crane Pond, offers emergency services 24 hours a day, 7 days a week, to individuals and families experiencing significant mental health or substance abuse difficulties. "Every week the



Tom (second from left) and The Carson Center's Westfield Crisis Intervention Program Staff.

Team responds to some 150 to 200 phone calls and provides about 25 or 30 face-to-face evaluations" according to Tom.

"We see many clients at the Mill, but we actually

see 75% of clients at the Noble Hospital Emergency Department." Crisis Team staff "live" in the E.D. regularly, nights, weekends, and holidays. And, during regular business hours, they see folks who show up at the E. D. with a psychiatric or substance abuse emergency.

"Though we are completely separate organizations, we've had a long-standing close working relationship with Noble, in the Emergency Department and at the Fowler Unit, where many patients who need hospitalization are referred," said Tom.

The Crisis program strives to serve the community efficiently in convenient, familiar locations all day every day, all year every year.

A SEASON FOR CARING:

A TIME TO SUPPORT OUR MISSION - KATHLEEN DAMON

As the leaves begin to disappear each year, we begin to prepare our annual giving campaign seeking community support for our programs. Donations to our campaigns go toward providing clinically necessary services in the

many situations where their cost is not covered.

We all know the importance of early intervention and treatment to prevent problems from becoming worse. The Carson Center provides these crucial services not only to

individuals but also through our on-going collaboration with the Police, Fire and many local School Departments as well as Noble Hospital and other health care providers. Please remember this when you receive our appeal.



Kathleen Damon, Executive Director, works on annual appeal letter.

CARSON'S ANGELS

Grants in FY '05
(July 1, 2004—June 30, 2005)

On behalf of all our clients and staff, our sincerest thanks for supporting the good work we do goes to:

- Art Angels
- Beveridge Foundation
- Community Foundation
- Davis Foundation
- Ferst Charitable Fund
- Mestek
- Gillett Services for The Elderly
- Shurtleff Children's Services
- United Bank
- WestBank
- Westfield Bank
- Westfield Gas and Electric Department
- Woronoco Savings Charitable Foundation

PRESIDENTS CLUB

- John Reed
- Gary Thomas
- Anonymous Donor

THE CARSON COMMUNITY CARSON CENTER TO THE RESCUE!

Four members of our Westfield Crisis Intervention Program staff went to Otis Air Force Base on Cape Cod during October to offer their assistance and support to hurricane Katrina victims arriving from Louisiana. They included **Chris Muldrew, AnnMarie Mason-LeClerc, Jennifer Rollins, and Dana DeCillis.**

Our Crisis Team was at the ready, immediately following this horrendous disaster, and our Department of Mental Health Area Director, Elizabeth Sullivan, commended **Tom Sawyer** and his team for their willing availability.

The Carson Center supported these efforts by col-

lecting staff donated vacation time to a pool, matched by the Carson Center, of up to 80 hours from which staff can draw, rather than using their own benefit or personal time.

Thanks to our staff who have contributed. Their donations are greatly appreciated by those in need.

Clients Completing The Cycle

The Rewards of Human Service Work

After graduating from Pathfinder Regional School in Palmer this past June, **Jenny Longo**, a long time participant in Carson Center programs, is now taking another step forward. Soon after graduating, Jenny began volunteering for the Carson Center and, as a result of her excellent work and attention to detail, was hired October 1st as an administrative file clerk. She is presently working six hours a week.

for here," said Executive Director Kathleen Damon,



Jenny Longo graduated from client to file clerk recently as she became an employee of the Center administrative group.

"Outcomes like this are what we constantly strive

"our goal is to help our clients be the best they can be and Jennifer is certainly an excellent example of success in that regard."

Jenny's goal is to work in an office for even more hours. She likes getting new clothes for her job and also ticking off the stats of all her favorite sports teams.

"Jennifer works hard and is an asset to the Administrative team," said **Carol Picard**, Administrative Coordinator and Jenny's direct supervisor. "It's a pleasure to have her here."

THE LEGAL FRONT

Relevant Government News

Q When do the new rules for Medicare drug coverage take effect?

A NOW!

Those who have retiree health benefits should watch their mail for informa-

tion from their former employer or union about their future drug coverage now.

You can start enrolling in a Medicare prescription drug plan on **November 15, 2005**. Then, prescription drug coverage begins on **January 1, 2006**, for those who are enrolled.

Remember that on **May 15, 2006**, open enrollment ends for Medicare prescription drug plans and some people will pay higher premiums if they sign up after this date.

Note: All of these dates are subject to change.

ANNUAL FALL DINNER A FUNDRAISER RECORD School Street Bistro Sold Out!

Once again, friends of the Carson Center out did themselves as our Fall Gourmet Dinner fundraiser set a new record for us. In part, this is due to a new sponsor, **Field, Eddy and Bulkley, Inc.**, that has joined our longstanding major sponsor, **WestBank**, and WG& E in underwriting the event.

The proceeds of our events go toward providing medically necessary mental health, substance abuse and rehabilitation services to those in our community who are under- or uninsured. "As always, our sponsors' good works on our behalf enable and enhance our capacity to carry out our mission and for that we are deeply grateful", said Kathleen Damon, Carson Center Executive Director.

Right: Pictures of our friends enjoying the evening's event.

R-L: Jenny Longo, Sarah Longo, Rose Marie Lariviere.



R-L: So and So, Kathy Damon, Jean Chistolini.

R-L: Jerry Tomasko, Dianne LaCroix.



R-L: Fran Aguda, Celine and Joe Young.



Representative Don Humason.



R-L: Linda Ryer and Karen Aborjailly.



Piano Play Natalia Borowicz



R-L: Phil Cameron, Mary Mascladrelli, Susan Sawyer and Robin Cameron.



R-L: Bill and Linda Duval.



R-L: Mary Fitzmeyer, Jeanne Chistolini, Leandra Robichaud.

THE INSIDE STORY

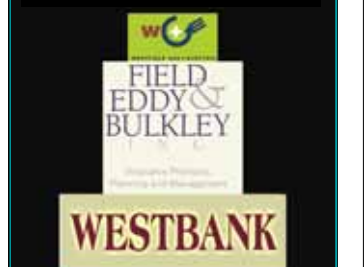
News From Our Centers

Mary Adoretti, a client at The Carson Center for Human Services, was chosen as one of 45 artists from a field of 85 for an Art Show at The Southwick Cultural Art Council recently. Mary's display included her oil paintings, water colors, and pencil drawings and sold quite a few during the show. In addition, she recently had a showing at the Boston Center for the Arts in a VFA event for people with disabilities.

Mary is currently taking one of Carson Center "artist in residence" **LuAnn Rose's** painting classes at our Center for Adults and Families. These classes were made possible by a grant from Art Angels of Northampton. The staff at the Carson Center wish her well at future art shows.

We now accept donations on the Web! - Look us up at www.carsoncenter.org

Thanks To Our Sponsors



Complimentary beer and wine was generously donated by Horizon Beverage Company and Commercial Distributing.

